

EMWLUA - HS Rules 2021 - Interpretation Memo

Rules Resources:

- 2020-21 Rule Books - Paperback or eBook editions -
 - [US Lacrosse - 2020-2021 NFHS Girls Lacrosse Rules Book](#) - \$8
 - [NFHS Ebook](#) - purchase through iTunes or Amazon
- [2020 Officials' Training Manual](#) - This is the primary source for training officials - there is a ton of information about the game in this resource.

Videos:

Below are the two rules interpretation videos from the past two years. Please note that **there have been no changes** to our rules between 2020 and 2021 - these videos were produced through US Lacrosse for their annual conventions and for the training of coaches, officials and players.

[2020 Girls High School Rules Interpretation Video](#)

[2021 Girls High School Rules Interpretation Video](#)

Other Useful Resources:

- [MIAA COVID-19 Rules Modifications and Guidelines](#)
- [Legal and Illegal Contact - What are we looking for?](#) - USL PowerPoint
- [Game Management - What we expect from our officials](#) - USL PowerPoint
- [Teachable Moments](#) - One page descriptions of situations involving advantage, the big picture, trail awareness, block/charge, and attack fouls. Scroll to bottom of page to find separate links to each situation
- [Interpretation situations - pdf](#) - One page document with situations related to new rules - this memo is intended to help clarify 2020-21 rule changes and modifications.
- [Stick Specification](#) - from the 2018 season - still using these guidelines for 2021
- [USL eLearning Resources](#) - this pdf walks you through the process for accessing USL's eLearning content.

Questions - These questions come from the EMWLUA Annual Meeting 2021, the [rules questions form](#) and the coaches interpretation meeting on 4/14/21. "C" denotes questions asked by "Coach", "O" denotes questions asked by "Official" - Please continue to add your questions to the rules questions form or email interpreter@emwlua.org for more information.

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| <p>What will the draw and self start look like this year?</p> | <p>The draw will be performed as described in Rule 5-2-1 thru 6; pages 36-38 in the NFHS Rulebook.</p> <p>The self-start will be played according to Rule 5-4-1 thru 4; pages 39-40 in the NFHS Rulebook.</p> | <p>C</p> |
| <p>Will players be able to run through the goal circle like college?</p> | <p>No. The goalkeeper or her deputy cannot enter the goal circle while in possession of the ball. Refer to Rule 7-1-2 page 46 in the NFHS Rulebook.</p> | <p>C</p> |
| <p>What will the Covid mitigation strategies look like?</p> | <p>Please see this document to learn more about MIAA COVID-19 Rules Modifications and Guidelines for the 2021 season.</p> | <p>C</p> |
| <p>Just want to clarify the Gait draw stick is legal if it passes the pre game stick check??</p> | <p>Umpires will inspect player's sticks according to Rule 2-4-1 thru 7 in the NFHS Rulebook.</p> <p>Refer to the list of sticks legal for Girls Lacrosse on the US Lacrosse website at: uslacrosse.org.</p> | <p>C</p> |
| <p>Please see if MIAA will allow a GK to Velcro attach a CLEAR plastic shield to the face mask for Covid. It doesn't alter the helmet and allows communication.</p> | <p>No. Equipment shall not be modified from its original manufactured state and shall be worn in the manner the manufacturer intended it to be worn. Refer to Rule 2-6; page 18 in the NFHS Rulebook.</p> | <p>O</p> |
| <p>Can you talk more about how much physical contact is allowed on defense and how refs find consistency in this?</p> | <p>Referees will umpire all games according to the rules as provided within the NFHS Rulebook.</p> | <p>C</p> |
| <p>For checking if the stick head is stung legally are referees going to drop the ball and measure where the pocket forms then roll the ball to the bottom to make sure it doesn't stick in the head. Or are they going to check if they can see the ball all the way down the head and not just the top pocket. I only ask because some of the newer sticks are strung this way. Where the stick is legal in the shooting pocket but not in the middle and lower end of the stick.</p> | <p>Umpires will inspect player's sticks according to Rule 2-4-1 thru 7 in the NFHS Rulebook.</p> | <p>C</p> |

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| Kicking the ball? Is that allowed? | Yes. Players may kick the ball on a non-shooting attempt. Refer to Rule 9-1-a; page 52 in the NFHS Rulebook. | C |
| How does the time end in Q1 and Q3? Is there just a 2m count down in Q2 and Q4? | <p>In quarter 1 and quarter 2, the clock will stop on the official's whistle and arm signal after goals.</p> <p>In quarter 2 and quarter 4, the clock will stop on the official's whistle and arm signal after each goal, and on every whistle (to stop play) in the last two minutes. If a team is leading by 10 or more goals, the clock will continue to run after goals and within the last two minutes of play (no stop clock). This will represent the end of the first half and second half. Refer to the MIAA COVID-19 Rules Modifications and Guidelines and Rule 4-1-1 thru 3; page 29 in the NFHS Rulebook.</p> | C |
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